WINNERS OF CSPS MONTHLY POETRY CONTESTS IN JANUARY-APRIL, 2022

  First Prize: □ Pamela Stone Singer, "Forest Air" □ Second Prize: Jane Stuart, “On the North Side”

- **February 2022** - Theme: Love. □ First: Jerry Smith “Lovers” Second: Jane Stuart, “Crossing the Moon”

- **March 2022** - Theme: Open, Free Subject. □ First Prize: Jeff Graham, "(A Certain Day’s Every)"

- **April 2022** - Mythology, Dreams, Other Universes. □ First Prize: Debra Darby "Awaken"

---

**JANUARY 2022 – FIRST PRIZE**

**FOREST AIR**

You cannot see  
but know yourself as light.

Wings hoist you to the top of a tree.  
You see meadows’ waves  
and luminous wildflowers.

Touch tongues of birds.  
Swallow night air.  
Cleanse your lungs.

Let forests’ darkness wrap your body.  
Open your mouth to stars.

Geese fly into autumn.  
Their flight brings lavender sky  
and iridescent feathers.

Soon branches will bend with winter.  
Pine and wind-scented air  
remind the forest is near.

Pamela Stone Singer, Occidental, California

---

**JANUARY 2022 – SECOND PRIZE**

**ON THE NORTH SIDE**

Walking through darkness  
-another sleepless night—  
my foot hits a star

But the wind blows shadows  
across time...  
and in the distance,  
the moon sighs  
and earth,  
a painting,  
comes to life—  
shells in a bowl  
flowers,  
still-life fruit  
made of wax

The sky quivers.  
I reach for  
my bow and arrow—  
nothing is there,  
just the owl  
and moss that grows  
on the side of trees

Jane Stuart, Flatwoods, Kentucky

In the Poetry Letter No. 2 of 2022, the California State Poetry Society is pleased to publish the prize-winning poems from Monthly Poetry Contests held so far in 2022 – from January to April. Congratulations to the poets and many thanks to Alice Pero, our Monthly Contests Judge. Our Featured Poet this time is Frederick Livingston and our guest artist is poet and photographer Andrena Zawinski. We also present three book reviews and a reminder about our Annual Contest with poems due by June 30, 2022. Enjoy!

~Maja Trochimczyk, Editor
LOVERS

She hikes to the waterfall twice a year
once when new-greens leaf the alders
and again as redbuds flame amber-pink

At dusk she lights a candle in the rock
for wind from the falls to flicker
She splits dark pools, gliding

Somehow together again, they
float the lips of the cataract
tumble down torrents

Her breasts engorge at the flood of him
She suspends breath
shallow murmurs

Lying on black basalt beneath stare of stars
she rubs her skin with sage and slumbers
in the sand to rhythms of the roar

At dawn she drops the dying candle
into the dark, murky depths of that
River-of-Might-Have-Been

Jerry Smith, San Luis Obispo, California
FEATURED ARTIST, Andrena Zawinski is a poet, fiction writer, and shutterbug whose photos have appeared as covers and on the pages of many print and online literary publications including Copper Nickel, San Francisco Peace & Hope, Caesura, Levure Littéraire, and others.

FEBRUARY 2022 – SECOND PRIZE

CROSSING THE MOON

We met on a ship crossing the moon,
a cruise of moments
made of steel and glass
through deep blue seas
and mountains hard as sand
that has been packed
by hands in icy gloves—

Oh love is wild!
and this was our romance,
a foxtrot played and danced to
by the stars.
We moved above earth
in chiffon veils
and vests of champagne corks—

Our glitter crowns
shined in the shadows
of a thousand tears
because this was pretend
and love moved on,
leaving us a world of indigo
and fading light.

We don’t know why
but the ship docked at dawn
and we became fireflies
in sudden flight
on tomorrow’s wings
that bloomed tonight.

Jane Stuart, Flatwoods, Kentucky
(A CERTAIN DAY’S EVERY)

Neither late May rain, nor memory of,
nor memory of such scent,
but scent’s cataloging of recollections.
Rain as timely as late May.
Late May as sudden as rain at such a time.
*
Everything has led me yet ill-prepared me for this:
the sound of water taking in itself,
hybridized with the sound of the taking in of itself
of water,
which lands into a backlash of rising,
to mix in with its mixed within.
*
Rain round and about rain,
falling as fallen-upon mid-fall.
Drops just amply to hear,
scantily such so that impacts dry
before spaces between connect.
Not too much, yet just enough
to linger with and within
without the want for more,
for more than enough.
*
Light rain landing on light rain landing.
Rain between rain’s between,
forming course mid-fall, fall-formed,
following through its follow-through
on-to-wards
leaf to leaf to loam to the eversilent
symphony of the seed, the sweetest
brutalities of the seed’s destitchery.
*
Rain and the scent of rain and the taste of rain
slides round and down partly parted lips
to fall to, land amid, and settle with(in)
what buried’s soil of making and taking,
tilling the grave’s cradle of what was –
existing as is,
becoming what come.
*
Of the hundred things I wanted to say,
nothing came out of my mouth.
After that came after that, and after that
came the day cradled in soft though ceaseless
rain.
When the conceptual of what was unutterable
became such silence said,
the cosmos collapsed and reconfigured
into the gloss of a miscellany of intentions.

Jeff Graham, Walnut Creek, California
AWAKEN

Find the strings
Ride the gleaming scales of the fish
blazing melon, gold, scarlet
nocturnal sapphire
before vanishing into the ocean at dawn.

Mooring the dreamless
dream remembering in tow
listen to the tides of morning.
The fishtail reveals its secret.

Awake to awaken
In waves of shimmering water,
The mystical call of the whale
beckons.

Awaken
Find the strings.

Debra Darby
New Hope, Minnesota

Photo: Maja Trochimczk, Gold Circle

FEATURED POET – FREDERICK LIVINGSTON

CSPS is pleased to present the Featured Poet for Poetry Letter No. 2 of 2022. Frederick Livingston lives in Mendocino, California and often writes about the natural world that surrounds us. The following poems have been previously published in other journals: “Gnat Creek” – Garfield Lake Review, Spring 2020; “Pear Blossom” – Bacopa Literary Review, October 2021 and "Changing Names" - Writers Resist, March 2022.
PRESENT

three blue jays
take flight from limbs
of red alder
just as my eyes
alight on them

let me never say
I made up a poem
but if I listen
I might catch a few
and write them down

before they elope
with the boundless sky

Frederick Livingston
Mendocino, California

CHANGING NAMES / NAMING CHANGE

after how many years
does “drought” erode
into expected weather?

and then what name
when the rains do come
startling the hard earth
the exhausted aquifers?

we’ll sing to the deep wells
the quieted fire and clean sky
“winter” brittle in our mouths

holding vigil for rivers elders
insects lovers lost forever
when will grieving season begin?
what one word could walk

between delight of sun
hungry skin and unease
in receiving unseasonable gifts?

what of the breath we held
together as cold certainty melted
whispering “who burns this turn?”
when the broken record

record breaking
dips into new palettes
for our purple summers

cycles tighten
into teeth clenched
against unwavering anxiety.
in which season do we open

our jaws lungs ears hearts
speak our fears
how it feels to be alive

on Earth still
blooming and unraveling
naming petals
as the wind claims them?

Frederick Livingston
Mendocino, California

Maja Trochimczyk, Boundless Sky
PEAR BLOSSOM

this tree could be dead
or dreaming

dark gnarled bark
ringed in rows
of holes where
long-flown birds
searched for worms

in depths of winter...
until sudden flush
of blooms consume
lichen-crusted branches
with white five-petal
promises of summer
swollen eat-me sweets

well before
glee-green leaves
greet sun
spun into sugar
proving dreams
precede the means

where is fear
of late-season frost
shattering this frail unfurling?
where are the rations
silooed inside against
lingering winter?

here instead is
chirping of birds returning
laughter-yellow daffodils erupting
at the tree's feet
and a question
whispered low on cold breeze:

what would the world look like
if all of us had such courage
to offer our most tender selves
not only when spring is certain
but when we can no longer bear
our hunger for a more fruitful Earth?

Frederick Livingston
Mendocino, California

GNAT CREEK

This is no
imperceptible wind showing its course
in shifting smoke rising
from our fire

No this is
plunge into river bringing mountains
down to show us
what cold is

This is no
opalescent dew collecting on
artist conk underbellies

No this is
fistfuls of bright huckleberries
ornamenting the understory

This is no
subtle poem

No this is
waking up in your arms

Frederick Livingston
Mendocino, California

Maja Trochimczyk, Sun Stream
Born here, nurtured by immigrants. Two languages in utero, one hard and hostile, one sibilant like seawater lapping at the shore. “Longing is the middle ground, when you have distant connections...” writes Millicent Borges Accardi, an award-winning poet from southern California. *Through a Grainy Landscape*, her new collection inspired by Portuguese and Portuguese-American writers, affirms multicultural sensibilities that resonate for a wide range of readers.

From blurred photos and memory fragments, Borges Accardi recreates bewildering, intimidating experiences: grandparents and parents laboring on alien turf; children trying to parse adult conversation; girls encountering the same perils as in past centuries. All lost, stifled, betrayed. As Katherine Vaz writes in her Introduction, “everything is uprooted, from history to the rules for marriage.”

By not identifying the speakers of all poems—conflating other lives with hers—this poet makes us feel their perceptions directly. Foreign words from early childhood cue current emotions:

```
........... oppressive family histories
that shape and shame
and disgrace. Whether it happens
In childhood or later, the sting
of the blur of the bite
of the belt or the tongue,
the trace of it always
swells into an unmanageable
```

sorrow............
Saudade, the universe has moved
On and given up its brightness...
(“The Most Vertical of Words” p5)

Portuguese was one of the seven deadly jubilations, kept close at hand, away from, the morcela made in hiding as meu pai loaded the black blood
Into the transparent casements we kept inside the house...
(“The Architecture we were Born in” p28)

Even a single mistake—“casements” (window frames) instead of “casings” (membranes used to make sausages)—can evoke how both children and parents struggle with language. English tenses, so hard to learn, echo painful histories—hers, theirs, ours:

```
...............to push away
And start over bore, born/borne
As if invisibility could be
Run away from, a new start
in the garage of an uncle...

...away from beat and being beaten
down, the promised land was
to become, became, begin,
a location that pushed away
and helped folks to start over,
pretending you were someone
else to fight, fought, fought.
To flee, fled...
(“It was my Mother who Taught me to Fear” p9)
```

Capital letters out of place, as her elders misread them, call attention to significant images:

```
“Woman in a Yellow Dress”

........polyester sheath,
trim like the body of a bottle,
a treasure promised to her from soap
and furniture polish commercials...
```

Typographical inconsistencies, like the placement of commas, generate physical unease, irregular breathing or motion sickness—a boat on rough seas, railroad cars rattling, running on city streets. Men drowned fishing, exhausted in fields and orchards, bruised in factories. Women assaulted.
Particularly for women, then as now, certain words imply more than they say:

".........a mere child, a poor thing, a lesser
Than to be silenced and chit-chitted away
......
Is the female of the species only a vision
To want,
To attract, a steadfast of do or don’t
A lifetime based on one I do?
A have and a have-not no matter what?
("You Swung Round" p42)

Disappointments, like old habits or clothes, get handed down to the next generation:

"......you swore it would not happen and, yet, it did any way. You became the great
Aunt you made fun of, who took out her false teeth at dinner,
who made you cry when you had
leg braces. The woman who was hit
In the head with a hammer by her first husband, and, yet, before that? Your
grandfather said, no one could laugh like Anna did.
("You’ll be Little More than This” p46)

"............. When they
frayed, the elbows were mended,
and torn pockets were reconnected
with thick carpet-makers’ thread.
When the sleeves were too worn
to restore, they were scissored off...

("The Graphics of Home“ p47)

The buttons were pulled off by hand,
for storage in an old cookie tin,
the cloth cut into small usable pieces
for mending, for doll clothes, for
whatever was left over. The rest, torn
into jagged rags for cleaning....
("Still not Ilha Enough“ p82)

Hard work, supposedly a ladder to “upward mobility,”
humiliates and takes us nowhere:

"America" is a false promise, not the leisure or
luxury dangled before us in movies and magazines.
With a parent’s death,

"the past
slams into the present, in new ways
that the future has yet to consider
or digest. Grief is like that,
it’s shrapnel under the skin working
a way out.
("Your Native Landscape” p64)

Even if you can’t go home, now you can go back—but, what for? As middle age hits, the poet’s perspective shifts again:

"There was a border
and a finish line and the path
you were on has been rolled up
like a carpet in storage...
("Winter Arrives in Mourning Unaccompanied” p72)

The things we used to do willingly, the things
We were talked into as a right of form
Or passage now slip off our fingers like rings
In cold weather, gold rings slipping off
Fingers and disappearing into the frozen
like escaping through an open window.
("I’ve Driven all Night through a Grainy Landscape“ p85)

Borges Accardi gratefully acknowledges the influences behind these poems and the people who helped them travel. Even writing in isolation, none of us, especially in a commodified and fragmented society, can reach potential readers entirely by ourselves. ♥

Jacqueline Lapidus, Boston
I have always marveled at how seeming randomness returns later to infuse life with meaning. Case in point: Kathleen Gregg’s lead poem recalls how she felt on a fateful day when paramedics strapped her dad onto a stretcher for transport to the hospital. The distraught family holding fast to each other, as the radio blares, I wanna hold your hand.


Not long thereafter . . .

A cold tug of alarm shivers through my body. My sister gathers me in. Unasked questions are swallowed, chum in my stomach for one terrible week. Until, the dreaded call from mom; a bedside summons that wrenches the two of us from sleep.

This excerpt from “January 1964,” which channels the Beatles classic, sets the stage for a thin volume of poems which is thicker than blood with emotional depth.

One of the purposes of art is to serve as a “rudder” during tough times. When seas are rough the goal is not to capsize the boat. Underground River of Want, is ample proof. I sense that Kathleen Gregg understands this. Without poetry the ship of her life founders.

“Loss” is a key theme for Gregg. Through a series of losses the poet invites us into the surging sea of her father’s death, sexual trysts, and her failed marriage. These amputations become the source of growth within her suffering.

I am moved by the poem, “Father-less.” Without her father to tell her "No" she is in want of an emotional compass when a boy’s eyes say, “I will touch you.” This poem is of central importance. The collection’s title finds its meaning here. Still in mourning, the next several poems explore the emotional vacuum left by her father’s loss.

It is important to note that poetic form plays an important role here. The poems early-on feature gaps in word-spacing and erratic indentations. This is purposeful writing. Gregg’s use of form represents how she is feeling . . . she is showing a disjointed life. Her pain is expressed through poetic form as shown in this excerpt from “Heartbreak is a Winter Wind”:

    it blows like the downward lash of a whip on bare flesh deep sting lacerating hope

“Heartbreak” uses powerful similes to underscore the depth of heartache:
it blows like the fat flat of a palm
shoving you backwards

it blows like the stiff straw
of a broom.

The dust of love is swept away.

With an adult daughter of my own, I too, know what it means when someone you love has lost the North Star that she needs.

The first 12 poems set the stage for a subtle shift in the poet’s fortunes. The remaining 9 poems gently raise the curtain on light. The venetian blinds are opened with a slight pull of a cord. The turn occurs in the poem, “Sometimes Freedom Is a ’93 Dodge Shadow:

Boxy, khaki green, low-end model
fully equipped
with rolldown windows,
with one of its keys permanently stuck
in the ignition,
and with two years left on the loan.
I call it my consolation prize
for losing at marriage.
But damn, that Dodge is everything
My ex-husband is not.

I wanted to jump up with a “High Five”! At this point, there is a change in both tone and form. By tone, the feel of winter’s unrelenting chill is replaced by hints of lightness, tinges of hope. By form, erratic word and line-spacing is replaced by coherent, steady stanzas and couplets. Form is steady because the poet is steady. Life is different now.

There is one good reason for the changes described above. However, if I reveal it, I wouldn't be doing my job as a reviewer. The best I can do is this quote by Willa Cather (1873-1947), “You must find your own quiet center of life and write from that to the world. In short, you must write to the human heart, the great consciousness that all humanity goes to make up.”

This is what poets do. This is what Kathleen Gregg does.

Michael Escoubas, first published in Quill and Parchment
Photo: Maja Trochimczyk, A Garden Path with Roses

MICHAEL ESCOUBAS REVIEWS POEMS TO LIFT YOU UP AND MAKE YOU SMILE, JAYNE JAUDON FERRER, ED.

In an age of Covid-19, Poems to Lift You Up and Make You Smile, takes on special significance. This anthology is needed now, as never before. However, before sinking too deeply into the pandemic season to justify the worth of poetry, it is important to remember that there has always been something that, as a people, we want and need to put behind us. The collective calling of poets in any age, is to tell the truth, sometimes with a bit of an edge, but always, in this writer’s mind, with a view toward finding the best in people and illuminating the path to hope.
This has been Jayne Jaudon Ferrer’s enduring passion for the last 11 years as editor of Your Daily Poem. YDP is a valued destination for some of the best-known poets in the country. Yet, Jayne is known for her welcoming spirit to new poets as well. She has a sharp eye for poets on-the-rise and gives many their first significant exposure. Moreover, Jayne’s single-minded goal has been “to share the pleasures of poetry with those who may not have had the opportunity to develop an appreciation for that genre.”

All of this is reflected in Poems and therein lies its appeal. The careful selection of 100 poems, chosen from an archive just shy of 4,000 poems, does exactly what the title says.

As one might expect, the work is comprised of two divisions: Poems to Lift You Up and Poems to Make You Smile.

**POEMS TO LIFT YOU UP**

Kevin Arnold’s “One True Song,” reminds me that, in a world that values big achievements, it may be the simple things that count the most:

> Our simple acts may be the warp and weft Of the substance of our lives, what is left

> Beyond the gifts and wills, the trusts and estates After our belles lettres or plein air landscapes

> What if our day-to-day actions, in the long slog Of life are our lasting legacy, our true song?

Arnold’s deft use of couplet rhyme and understated style draws me in, lifts me up.

“Life Lines,” by Randy Cadenhead, contains much of the sage advice I grew up hearing, these excerpts draw back the curtain on the kind of person this reviewer is striving to become:

> Walk where you have never been and wonder at the beauty of the world.

> Be moderate in all things, except goodness.

> Be moderate in all things, except goodness.

> Listen to the music you can find in silence.

> one does that, who do you pay after all she may live

What strikes me as important about this anthology is the role poetry can play in our everyday lives. The above noted poem, and so many others, remind us that we are neighbors, that we share common challenges, that we are united in our sufferings and in our joys.

Phyllis Beckman’s “I Am, for the Time, Being,” illustrates the point:

> This morning I was musing when

> This feeling came along

> Reminding me I’m comfy, that

> I feel like I belong.

> So glad I’m not so worried

> About what’s next to be

> That I miss the present “now”

> That life has offered me

> When all these special moments

> Are noticed one by one

> The richness of just living

> Can bubble up in fun

> So thank you to the giver

> Who urges me to take

> My time, though it is fleeing,

> A mindful life to make!

> I am, for the time, being.

Beckman’s judicious use of commas made me slow down, caused me to think carefully about the poem’s underlying meaning. It’s what good poets do.

**POEMS THAT MAKE YOU SMILE**

I was already smiling as I reached Poems’ transitional mid-point! There’s just something about being “lifted” that feels good.

Let’s lead-off with a poem about America’s pastime, Carol Amato’s “Baseball in Connecticut.” This well-crafted visual poem is about a player at the plate wielding a bat that “was never kid-sized.” This is a can’t miss delight with an unusual ending.

Michael Estabrook’s poem “Laughter,” is for anyone who, in their twilight years, doesn’t want to be a bother to their children:

> My mother called today

> wants to pay for her funeral

> in advance “so you boys don’t have
to worry about it.”

> But I’m not sure how
another 15 years so I say
just write me a check you can trust me
$20,000 ought to cover it.
Been a long time
Since I've heard her laugh so hard.

Estabrook's conciseness, clarity, and studied restraint is a
good example of a poet picking up on how funny life can be. I'm certain there was a measure of serious-ness that
prompted Michael's mother to phone him with her heart's
concern; but it is poetry that elevates tender moments to
the level of art.

This collection is sheer delight; bringing out the best in
people and in life, illumi-nating the path of love and hope.

As a sidenote, Poems to Lift You Up and Make You Smile, is
not a money-maker for the editor. A significant portion of
sales revenue is earmarked for Parson's Porch, a food,
ministry program that provides bread and milk on a
weekly basis for those in need. Sometimes a lift and a smile
is all a person needs to make life worth living. Yes, yes
indeed.

Michael Escoubas,
First Published in Quill and Parchment

Maja Trochimczyk, Flowering Pomegranate

ANNUAL CONTEST SUBMISSIONS GUIDELINES

The 35th Annual Poetry Contest of the CSPS is
contest is open to all poets, whether-or-not they are
members of the CSPS. Poems must be uploaded to
our website or postmarked from March 1st through
June 30th. Reading fees for all entries, domestic or
international, are $3.00 per poem for members and
$6.00 per poem for non-members. There is an 80-
line (two page) limit for each poem and no limit on
the number of submissions, though we have not yet
received more than eight poems from one poet. If
submitting by mail, send a cover letter with all poet
information and a list of submitted poems, one copy
of each poem with no poet identification, plus an
email or SASE for results, to: CSPS Interim Contest
Chair, P.O. Box 4288, Sunland, California 91041-
4288. Frank Iosue of Arizona is this year’s Contest
Judge; he reviews poems without poets’ names or
any identification, sent to him by the Contest Chair.
Winning entries will be announced on our website,
our blog, and in the Newsbriefs in the fourth issue of the California Quarterly in the contest year. The poems must
be previously unpublished; the three prize-winners will first appear in the CQ. Poets honored with the 1st, 2nd
and 3rd prizes receive $100, $50 and $25 respectively. As many as five Honorable Mentions may also be
awarded. The submissions may be forwarded to California Quarterly Editors for possible inclusion in the CQ.
MONTHLY CONTEST SUBMISSIONS GUIDELINES

California State Poetry Society encourages poetic creativity by organizing monthly poetry contests. The contests are open to all poets, whether or not they are members of the CSPS. Reading fees are $1.50 per poem with a $3.00 minimum for members of CSPS and/or NFSPS societies and $3.00 per poem with a $6.00 minimum for non-members. Entries must be postmarked during the month of the contest in which they are entered. They must consist of a first page with all contact information (name, address, telephone number and email address) and the titles of the poems being submitted. At this time there are three ways to submit:

1. by email. Poets may submit their work by email to: SPSMonthlyContests@gmail.com (Specify Month) and simultaneously pay their contest fees by PayPal to: CaliforniaStatePoetrySociety@gmail.com.
2. by regular mail, enclosing printed copies of poems and your check, CSPS Monthly Contest – (Specify Month) Post Office Box 4288, Sunland, California 91041
3. online on our website CaliforniaStatePoetrySociety.org, or

All Monthly Contests are judged by Alice Pero, CSPS Monthly Contest Judge. The 1st place winner receives half of the prize pool for pools less than $100. For pools of $100 or more, the 1st, 2nd and 3rd place winners receive $50, $10 and $5, respectively. If there are insufficient fees submitted, the minimum prize is $10. There are no exceptions to the prize disbursement rules. The monthly contest winners are announced as they are awarded and the winners are notified by mail. All of the winners for the year are listed in the first CSPS Newsbriefs of the following year. In addition, the first prize winner poems are published in the CSPS Poetry Letter (PDF, email, posted on website) and posted on our blog. Please note: Do not send SAE’s. We do not return poems. If you win, we will let you know. Otherwise there are no notifications.

CSPS Monthly Contest Themes (Revised)

① January: Nature, Seasons, Landscape
② February: Love
③ March: Open, Free Subject
④ April: Mythology, Dreams, Other Universes
⑤ May: Personification, Characters, Portraits
⑥ June: The Supernatural
⑦ July: Childhood, Memoirs
⑧ August: Places, Poems of Location
⑨ September: Colors, Music, Dance
⑩ October: Humor, Satire
⑪ November: Family, Friendship, Relationships
⑫ December: Best of Your Best (Winning or published poems only. Indicate name of contest or publication and the issue/dates of publication/award.)

Maja Trochimczyk, A Pomegranate

Poetry Letter is a quarterly electronic publication, issued by the California State Poetry Society. Edited by Maja Trochimczyk since 2020. Posted on the CSPS website in a PDF format; CaliforniaStatePoetrySociety.org. Sections of the Poetry Letter are also posted separately on the CSPS Blog, CaliforniaStatePoetrySociety.com.